

CONCUSSION AWARENESS FORM

Concussions at all levels of sports have received a great deal of attention and a State Law has been passed to address this issue. Adolescent athletes are particularly vulnerable to the effects of concussion. Once considered little more than a minor “ding” to the head it is now understood that a concussion has the potential to result in death, or changes in brain function (either short-term or long term). A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. Continued participation in any sport following a concussion can lead to worsening concussion symptoms, as well as increased risk for further injury to the brain, and even death. Player and parental education in this area is crucial – that is the reason for this document. Refer to it regularly. This form must be signed by a parent or guardian of each athlete who wishes to participate in RDG Athletics.

COMMON SIGNS AND SYMPTOMS OF CONCUSSION

- Headache, dizziness, poor balance, moves clumsily, reduced energy level / tiredness.
- Nausea or vomiting. Blurred vision, sensitivity to light and sounds.
- Fogginess of memory, difficulty concentrating, slowed thought processes, confused about surroundings or game assignments.
- Unexplained changes in behavior and personality.
- Loss of consciousness (NOTE: This does not occur in all concussion episodes.)

RDG Concussion Policy:

If a Coach observes a Athlete exhibit any sign, symptom, or behavior consistent with a concussion or head injury, the Coach must immediately remove that Athlete from practice, conditioning, or game. The Athlete may not return to practice, conditioning, or game until a Health Care Provider has determined that the Athlete has not suffered a concussion. In the case where a Health Care Provider has determined that the Athlete has suffered a concussion, the Athlete may not resume practice, conditioning, or participation in games until medically determined capable of doing so for full or graduated return. In no circumstance may a Athlete return to practice, conditioning, or a game on the same day that a concussion has been diagnosed by a Health Care Provider or cannot be ruled out.

By signing this Concussion Awareness Form, we give permission to the school to transfer this Form to all sports that this child may play. We are aware of the dangers of concussions and this signed Form will represent myself and this child during the current school year _____. This form will be stored with the Athlete’s Physical Form and any other accompanying forms required by the Real Deal Goats (RDG).

WE HAVE READ THIS FORM AND UNDERSTAND THE FACTS REPRESENTED IN IT.

PLAYER’S NAME: _____ PLAYER’S SIGNATURE: _____

PARENT’S SIGNATURE: _____ DATE SIGNED: _____

Season:
Sport:
Grade:

EQUIPMENT RENTAL AGREEMENT

I acknowledge that the equipment listed checked out to my athlete is the property of Real Deal Goats and Cheer (RDG) and that I am obligated to return the equipment at the conclusion of the season or when requested to do so. I acknowledge that if I fail to return the equipment described herein or if the equipment is damaged (except what is deemed by RDC as normal wear and tear), that I shall be responsible to pay to RDG the replacement cost of the equipment as listed below.

Equipment	Brand/Size	Replacement Cost
Helmet		
Shoulder Pads		
Game Jersey		
Game Pants		
Game Cleats		
Cheer Uniform		
Pom- Poms		
Bloomers		
Cheer Bow		

*** You cannot use your personal equipment until you have completed and submitted this form to the Real Deal Goats board. ***

I will use my own (check one): Helmet Shoulder Pads Helmet and Shoulder Pads

I recognize, acknowledge, accept, and assume the potential risks of injuries and dangers involved in participation in the sport of football and related activities. I recognize and acknowledge that no football equipment, regardless of condition or rating, can fully prevent injuries such as but not limited to concussions. If I choose to provide my child with his or her own helmet, I fully release RDG and its board of directors, its officers, members, and volunteers from all liability or responsibility for injury caused by equipment I provide. I have read and accept the warning label placed upon the equipment and accept the equipment "as-is". I acknowledge and agree that RDG, its board members, and/or volunteers should not assume responsibility for, nor guarantee the personal safety of participants, nor does RDG warranty, guarantee, or assume responsibility for the borrowed equipment.

Further, I hereby release, waive, covenant not to sue, and agree to hold harmless and indemnify the RDG board of directors, its officers, members, and volunteers from any and all liability, damages, claims, demands, or causes of action of any kind and/or nature of which may arise from the use of the equipment borrowed/rented from RDG. I further acknowledge that we have carefully read the foregoing release and acknowledgement and know the contents thereof and sign this release and acknowledgement as a free and voluntary act.

Date

Player's Name (print)

Parent's Name (print)

Parent's Signature

Helmet Rental

Helmet Rental Agreement and Release of Liability
Please read carefully, this is a Release of Liability & Waiver of Legal Rights

I UNDERSTAND THAT IN ORDER TO FUNCTION AT ITS FULL CAPACITY, THIS HELMET MUST FIT CORRECTLY, and I agree That the provider has supplied a helmet that properly fits me. I agree that the provider has explained to me that this helmet will not protect me against unavoidable and inherent risks in recreational sports. When I fasten the chinstrap and shake my head, there is no significant movement of the helmet and at rest it feels comfortably snug. I fully understand all instructions on the correct use and function of the helmet.

In the event of any accident while wearing the helmet or damage otherwise inflicted upon the helmet, I agree to immediately cease use, return it to the rental facility, and provide a written report describing the incident.

I agree to return this helmet to the rental facility by the agreed date in clean condition and understand that I am responsible and will be held accountable for the full retail value of the helmet if I fail to return it. I recognize my responsibility to pay for any repairs if the helmet is damaged beyond normal wear and tear during my rental period.

RELEASE OF LIABILITY.

I understand that the sport of football ("Recreational Contact Sports") involve INHERENT RISKS of PERSONAL INJURY And DEATH. I voluntarily agree to expressly assume all risks of injury or death that may result from Recreational football Sports, or which are Related in any way to the use of this equipment.

I understand that a helmet designed for Recreational football Sports use will help reduce the risk of some types of injuries to the user. I recognize that serious injury or death can result from both low- and high-speed impacts, even when a helmet is worn. I understand that no helmet can protect the user against every foreseeable impact to the head, and that recreational sports present unavoidable and inherent risks of injury which surpass the limits of protection offered by this helmet. I understand that this helmet does not protect against trauma to any other part of my body, including my neck, face and spine, and that these limitations are unavoidable and inherent risks of any activity in which this helmet will be used.

In consideration of the rental of this helmet, I AGREE TO RELEASE, INDEMNIFY AND HOLD HARMLESS Real Deal Goats, Its employees, owners, affiliates, agents, officers, directors (collectively "Providers") from all liability for injury, death, property loss and damage which results from the equipment user's participation in the Recreational football Sports for which the equipment is provided, or which is related in any way to the use of this equipment, including all liability which results from the NEGLIGENCE, STRICT LIABILITY OR BREACH OF WARRANTY of providers or any other person or cause.

In accordance with Georgia law, nothing in this Release of Liability should be construed as releasing, discharging or waiving any claims I may have for conduct that constitutes greater than ordinary negligence on the part of Real Deal Goats.

I agree not to transfer the helmet for use by any other person. (In the event the undersigned does transfer the helmet in violation of this agreement, He/she agrees to indemnify providers against any claim, demand, losses or damages arising out of the injury or property damage through use of the equipment. This agreement shall be binding and may be pled as a complete bar and defense against any claim, demand, action or causes of action by or on behalf of the undersigned or any user.)

To the extent I am signing on behalf of a minor, I hereby release Real Deal Goats from any and all liability for personal injury, death Or property damage sustained by the minor which results in any way from negligence, conditions on or about the premises and facilities, the operations, actions or omissions of employees or agents of the area, or the minor's participation in any other activities at the Area, accepting myself the full responsibility for any and all such damage or injury of any kind which may result.

I further agree to defend, indemnify and hold harmless Real Deal Goats from any and all claims, demands, losses, damages and Liabilities, contribution or otherwise with respect to personal injury, death or property damage arising from my or a minor on whose behalf I Signed, participation in football or other activities at Real Deal Goats. I promise not to sue the Real Deal Goats And further agree that if anyone is physically injured or property is damaged while I am engaged in any activity at Real Deal Goats I Will have no right to make a claim or file a lawsuit against the Real Deal Goats. I agree to defend and indemnify the Real Deal Goats for any and all claims, including subrogation and/or derivative claims brought by any third party or insurer, which I may cause.

CAUTION: READ BEFORE SIGNING!

THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS AND WILL BAR YOUR RIGHT TO SUE!

I HAVE READ THIS RELEASE OF LIABILITY AGREEMENT AND FULLY UNDERSTAND AND AGREE TO ITS CONTENTS.

Date

Helmet Rental

Renters Signature

Renters Printed Name

Parent/Guardians Signature

Parent/Guardians Printed Name